

ATLANTIC TAEKWON-DO



Birthday Parties



Why Celebrate with Us?

At MacKenzie Atlantic Taekwon-Do, we want kids to have a great time on their birthday. Below you will find all the information you need to plan your child's party. If you have any questions, please feel free to call.

We provide a group Taekwon-Do lesson for all who attend the party. All guests will receive a Free "One Month Gift Certificate" for new beginners only, that you can put in the treat bags.

Fun, games and events will be done at the party such as dodge ball, freeze tag, relay races and lots more.

Structure of the Party

- Beginning of the Party - The party usually starts with Set Up beginning 15 minutes prior to starting time.
- It usually takes the guests approximately 10 to 15 minutes to show up and get ready to start.
- We usually teach a Taekwon-Do lesson for 15 to 20 minutes depending on the children.
- We then play games for the rest of the hour.
- The children usually then eat Pizza and Birthday Cake.
- After the cake, the children sit around the Birthday Boy or Girl while he/she opens their presents. (optional)
- After the presents it is usually time to go home, but if time is left, we play more games.

What you must bring to the party

We supply the entertainment; you supply the rest.

- We will provide tables and chairs for the children to sit at to eat.
- We recommend you bring enough plastic garbage bags to put all the trash and paper in at the end of the party.
- The drinks that are recommended are the juice drinks that are in the boxes with plastic straws. Please don't bring cups to drink out of, they almost always spill.
- If you wish to provide food for your guests, we suggest pizza for ease of delivery and cleanup as well as ice cream cups if you plan to eat ice cream.

Price of Birthday Party is \$159.95 (+ HST) for up to 16 kids.